



Senior Moments at Baca

Volume 1, Issue 1

January/February 2010

Allen R Baca Center
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Round Rock, TX 78664
512.218.5499

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Round Rock Parks and Recreation

Mission: People dedicated & empowered to create a positive and memorable experience in people's lives.

Vision: An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

BACA Receives 2 Awards: Lone Star Award and Arts & Humanities Award



The Baca Center took home two awards at the Texas Recreation and Park Society Regions 5 & 7 conference in November. The Lone Star Award was received for the Baca Pub Club program. This program began in January and has traveled to 12 different locations including Walburg, Coupland, Austin, etc. so members could dine, dance and socialize. The group takes the party on the road the 3rd Friday of each month. Way to go Pub Club members, let's keep the party going.

The Arts & Humanities Award was awarded to the Tejano Time group which began when a few Baca members asked if they could have some time in a room to dance Tejano. Since its first meeting in March the group has grown to over 25 members. The group meets each Thursday, 1-3 pm in the Aerobics Room. Whether you dance Tejano or not, you are sure to have a great time with this fun group.



Wellness Corner—Group Workouts

The Baca Center is offering group workouts with a personal trainer on a year-round basis. The program will focus on stamina, toning and healthy eating.

Cost is \$8/month for members and \$13/month for non-members. Classes run September-December, January-

May and June-August. Ladies workout on Tuesdays, 8-9 am and the men on Thursdays, 8-9 am with coed classes each Tuesday or Thursday 4-5 pm. Classes meet in the weight room.

This is a great group workout with a motivational atmosphere for all fitness levels.

Baca Weekly Ongoing Activities

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
9:00 am Jazzercise*	9:00-10:00 am Cardio Combo	9:00 am Jazzercise*	9:00-10:00 am Cardio Combo	9:00-10:00 am Intro to Tai Chi
9:30-11:30 am Pool Sharkettes	10:00am-2:00 pm Craft Corner	10:00-11:30 am Chicken Foot	10:30-11:00 am Sittercize	Jazzercise*
10:15-11:15 am Beg. Line Dancing	10:30-11:00 am Sittercize	10:30-11:00 am Sittercize	12:30-1:30 pm Spanish for Fun	10:00-11:00 pm Tai Chi
10:30-11:00 am Sittercize	11:00 am-1:00 pm Line Dance Practice	11:00 am-1:00 pm Line Dance Practice	12:45-4:00 pm Bridge for Fun	10:00-11:30am Bingo
11:15 am-12:15 pm Int. Line Dancing	12:30-4:00 pm Pinochle	12:30-3:30 pm Dominoes "42"	Hand/Foot Canasta Canasta Club	1:00-2:30 pm Sing Along
12:15-1:15 pm Adv. Line Dancing	12:45-4:00 pm Hand/Foot Canasta	1:00-3:00 pm Painting Day	1:00-2:30 pm Tap Dancing	*NOT a BACA program—fees required to participate.
12:30-3:30 pm Dominoes "42"	1:00-2:00 pm Computer Help	<i>Does not meet on 3rd Wed. of the month</i>	1:00-2:00 pm Computer Help	
12:45-5:00 pm Duplicate Bridge	6:15 pm Jazzercise*	5:15 & 6:15 pm Jazzercise*	1:00-3:00 pm Tejano Time	
5:15 & 6:15 pm Jazzercise*	7:00-8:45 pm Evening Bridge		6:15 pm Jazzercise*	

Please be sure your program ends **ON-TIME** so staff can prepare for the next program
or secure the building for closing.

Monthly Meetings and Activities

<u>Activity</u>	<u>Dates</u>	<u>Times</u>
Art Club	1st & 3rd Friday	1:00-3:00pm
AARP - general meeting	2nd Wednesday	1:00-2:00pm
AARP - board meeting	3rd Wednesday	1:00-3:00pm
Benefits Counseling	1st Wednesday	9:00-11:00am
Bunco	1st & 3rd Tuesday	6:30-9:00pm
Cuisine Critics	3rd Wednesday	11:00am-1:00pm
Daffodil Dolls	1st Wednesday	10:30-11:30am
Garden Club	1st Monday	9:30-10:30am
Book Discussion	2nd Tuesday	1:00-2:00pm
Pub Club	3rd Friday	5:00-11:00pm
Site Council	1st Thursday	9:30-10:30am
Texas Hold'em	2nd Tuesday	6:00-8:00pm
Travel Club—Jan/Mar	1st Wednesday	1:00-2:00pm
Wii Activities	4th Friday	8:30-10:00am

Williamson Burnet County Opportunities (WBCO)

WBCO offers a well-balanced lunch Mon-Fri at 11:45am. Registration and 24 hour advance reservation is recommended by contacting Cris at 255-4970. At this time WBCO is NOT accepting new members, however you can get on the waitlist. Meals are \$6 for those that are not members of WBCO.

Menu is available online at:

**[http://www.wbco.net/
services_meals.html](http://www.wbco.net/services_meals.html)**

Menu is subject to change without notice.

255-4970

Activity Descriptions

AARP: "AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service." Membership is open to persons age 50+. Must be a member of the National Chapter to be a member of the local one.

Art Club: The club includes artists of all media such as oil, acrylic, pen and ink as well as watercolor. New artists welcome! For more information, contact Darrell Hutchinson at 512-339-6553.

Benefits Counseling: Visit with Nancy Kind to get information on Medicare, prescription plans, Medicaid and food stamps.

Bingo: BINGO! Come play bingo with us. \$2.

Book Discussions: Participants discuss short readings in fiction, drama, poetry, and essays. Contact helensmith204@gmail.com for more information.

Bunco: Knowledge of the game is optional but having a good time is mandatory! Bring a finger food to share with the group. Fee covers the cost of the prizes. \$3/members*.

Computer Help: This class is offered at various times during the year.

Craft Corner: Come get crafty with us! This class makes all different kinds of crafts.

Cuisine Critics: Group visits local restaurants and writes a review for the newsletter.

Daffodil Dolls: This is a group of ladies that will gather for fun and fellowship.

Jazzercise: For fees and information, call Kathie at 244-2534.

Line Dancing: Classes offered for all levels. \$3/members*.

Line Dancing Practice: Self led practice for line dancing. Free to members, non-members pay walk-in fee.

Painting Day: All kinds of artists can come, paint and enjoy each other's company.

Pool Sharks: Men's group meets Tuesdays & Thursdays for some great times shooting pool.

Pool Sharkettes: This is a GIRLS ONLY group that will learn how to shoot pool like a professional. No experience needed!!

Pub Club: This club will be the hit of Austin as we hang out at a different pub each month. Cover and meal are on your own. \$6/month for members*.

Senior Cardio Combo: Low impact aerobics without any jumping. Come meet our new instructor, Latoya.

Sing-A-Long: Singing popular songs from the 20th Century. Show tunes, country & pop music. Song books provided, so join us for a good time!

Sittercize: Participants perform resistance exercises in chairs with hand weights.

Spanish for Fun: Come practice Spanish with Pilar Weiss from Spain!

Tap Dancing: For a real toe tappin' time. Tap your way to fun and fitness. Come to dance or come to learn. \$2 members*.

Tai Chi: A Chinese martial art and meditative movement class designed to increase your sense of balance, cardiovascular fitness & joint flexibility. \$4/members*.

Texas Hold'em: This is a self-led group. Free to members*.

Tejano Time: This is a self-led group that will use their own music to dance authentic Tejano.

Travel Club: This group meets every other month to discuss/suggest day and extended trips.

Wii Activities: Come give our Wii a try. You can bowl, golf, exercise and more. No experience needed, ask staff for assistance with the games.

**Non-members pay additional fees.*

Allen R. Baca Site Council

Baca Site Council is the voice of the membership. Council represents Baca in a positive way promoting membership and activities and advises staff in decisions that affect the general membership and future of the Baca Center. The Site Council's next meetings are:

January 7 at 9:30 am

February 4 at 9:30 am

Site Council meetings are open to the public.



Special Events

Dominoes “42” Tournament



Join our Baca members for a Dominoes “42” Tournament on January 20, 12:30 pm. Call Bill Harpold at 415-6487 for more information. This group wants to get eight tables of players for the tournament so put this date on your calendar.

Annual Membership Meeting

Mark your calendar for the Baca Center’s Annual Membership Meeting scheduled for Wed., Jan. 27th from 10-11 am. Take a look at the year in review, meet your 2010 representatives to the Site Council and see what Baca has in store for the upcoming year. Light refreshments will be served. Open to the public.

Elvis Sock Hop

Join us for a Rock n’ Roll good time as we step back into the ‘50’s on February 26, 5-9 pm. Ladies wear your poodle skirts and gentlemen put on your jeans and white t-shirts but everyone must not forget their blue suede shoes. We will have a DJ, root beer floats, ‘50’s dance contest and Elvis look-a-like contest. Get out your poodle skirt or dress like Elvis for a chance to win.

Tickets are on sale December 28-February 16, Baca members—\$7, non-members —\$12. **NO TICKETS AVAILABLE AFTER FEB. 16th!**



Course #14468

Knowledge is the Best Medicine

Join Oliver Home Health Care on February 11, 10:45-11:30 am to learn about important questions to ask your doctor and what you need to know about your medications to be a healthy and informed well aging client. Light refreshments provided and blood pressure screening.

Course #14474



Senior Spring Break

Don’t seniors deserve to have a spring break also? You always hear about all the fun college students have at spring break so the Baca Center decided to host their own spring break March 15-18. Each day we will offer a different “spring break” activity on Baca’s Beach in the grand meeting room. Look for more details in the next newsletter.



Organizations/Clubs



BENEFITS COUNSELING—Wednesday, 9:00-11:00 am

January 6 & February 3 in the Baca Center Lobby—"The National Council on Aging" has created a comprehensive Benefits Check Up Questionnaire for Texas which will help older adults identify programs that may improve their quality of life. This is free, easy to use and will help seniors identify countless federal, state, local and private programs for which they may be eligible. Visit with Nancy Kind, Volunteer Benefits Counselor or call her at 246-8455.

GARDEN CLUB—Monday, 9:30 am

January 4—"Spring Vegetable Gardening" with Dr. Cliff Hobbs

February 1—"Herbs and Essential Oils: Their Therapeutic Value" with Cindy Feyereisen

BOOK DISCUSSIONS GROUP—Tuesday, 1:00 pm

January 12—"Pragmatism (selection)" essay by William James

February 9—"Major Barbara" play by George Bernard Shaw

ART CLUB—Friday, 1:00 pm

January 15—"Painting on Yupo Paper" with Jean Hestand
(bring Yupo or waxed paper to participate)

February 5—"Portrait Painting" with Cliff Harrington

February 19—"Mixing Paint" with Cathy Friesenhahn

AARP CHAPTER MEETINGS—Wednesday, 1 pm

January 13—"Peep Holes & Lock Boxes" with Lt. Stan Simpson (retired)

February 10—"Flower Arranging Using Naturalized Plants" with
Natalie Vreeland, Community Garden Coordinator for Williamson County.

SPECIAL INTEREST PROGRAMS

Wood Carving Classes: If you are interested in learning to wood carve, please let the Baca staff know and if we get enough interest, classes will begin in the late spring. **Course #14419**

Hiking Club: Would you like to belong to a hiking club that hikes throughout central Texas? If you are interested, please let the Baca staff know so we can get a group started in the new year. **Course #14412**

Monthly Member Birthday Party!
January 27 & February 24



AARP Driver Safety Course

Tuesday, January 19, 8:30 am—12:30 pm Course #13885

The course is offered every two months and drivers get a 10% discount for 3 years on most insurance plans. Pre-register at the Baca front desk.

*Cost is \$12 for AARP members & \$14 for non-members
which is to be paid to the instructor at the class.*





Classes/Information



Financial Basics

"Is the stock market and the economy on your mind? Would you like some answers to your questions? This is not a product pushing seminar. This class is a fun and educational program going over the financial basics. It's intended for anyone who would like to increase their financial understanding. Starting with a historical perspective and building to today".

Fridays, 9:30-10:30 am

January 22-February 26—**Course #14409**

\$5/session

Square Dance Lessons

This program will begin in February and teach the basics of square dancing. They will offer an open house on January 19 and 26 from 7-9 pm. For more information, please call 512-219-9258 or check out their website at: www.glad2call.com.

Tuesdays, 7:00-9:00 pm

Grand Meeting Room

February 2– June 29

\$60/22 week session—Baca members

Fees are paid to Glad2Call

Online Enrollment

This class will focus on how to register for Baca programs using our online Rock Enroll website. Be the first to sign up for trips, bingo, bunco and more using your computer at home. Our online enrollment keeps you from having to come to the center to register for programs and trips.

Tuesdays, 9:00-10:00 am

February 2-?—**Course #**

Free to Baca members

Guitar Lessons

Our guitar classes have been so popular we have added more classes. We will offer beginning I & II and an intermediate level for those that have taken guitar previously. The first class for the beginning I will be a meet and greet to discuss the class and participant needs. All classes will be on Wednesdays in the TV Room and cost \$16/session.

January 20-March 17, Wednesdays

9:30-10:30 am, Beginning I—**Course #14407**

10:30 am-12, Beginning II—**Course #14406**

12:30-2:00 pm, Intermediate—**Course #14408**



MetLife Workshop

This workshop will provide information on a reverse mortgage that is available for homeowners over the age of 62. A reverse mortgage is a loan secured by your home that gives you cash now in exchange for your obligation to repay the loan in the future. It allows you to tap into the equity you've built up in your home over the years and receive cash to use as you choose. MetLife will outline key facts about this program and provide you a good starting point for your investigation into this type of loan. Please join MetLife on January 14, 10:45-11:30 am for a free presentation. **Course #14442**

*Neither the City of Round Rock nor the Allen R Baca Center endorses any company, business or individual that conducts or leads discussions, classes or seminars at this facility. Such sessions are for informational purposes only and attendance and/or participation is optional.

BACA GIFT SHOP IS CLOSING BY JANUARY 22.

THE SPACE WILL BE USED FOR CLASSES AND MEETINGS.

EVERYTHING IN THE GIFT SHOP IS ON SALE NOW!!!

www.bacacenter.com

Baca Cuisine Critics

Johnny T's BBQ
1310 Round Rock Avenue
512-244-7447

The Cuisine Critics wanted some Texas BBQ so they traveled to Johnny T's. They have an extensive menu and offer senior plates with generous portions. One of the critics loved the brisket and spicy sauce. Whole wheat buns were not available but would be a great addition to their menu. The critics mostly gave high marks for the atmosphere and cleanliness. The staff was very accommodating and the food was hot and there was plenty of it. If you are craving BBQ this would be a great place to get a meal or BBQ by the pound. They are open Mondays, 11 am-4 pm, Tuesday-Saturday, 11 am-8:30 pm and Sunday 12-7 pm. Check the internet for a new website that is under construction.

Round Rock Cafe
110 S. Harris Street
512-255-4650
www.roundrockcafe.com

The Cuisine Critics went to the Round Rock Café across from the Baca Center for a very enjoyable and relaxing lunch. The restaurant got the highest marks for cleanliness, efficiency and a good value for the money. The food was exceptionally good with comments about the great sourdough bread. A few of the critics shared the Midnight Pie which is their signature dessert and they did say it was absolutely dreamy. The critics also loved the service and the fact that it is located so close to the Baca Center. The restaurant has several bright cozy rooms with all seats having an outside view. For those warm sunny days they also have seating outdoors. They are open Monday-Friday 9 am - 3 pm for dine in, take out or catering.

Trips, Trips, Trips



If you like to see new things, museums, plays, movies, restaurants, parks, concerts, then you'll want to travel with the Baca Center.

ALL trips in the newsletter will be available for registration as follows: Jan./Feb. is Dec. 28. Payment is due at time of registration. Members may register one

additional person per trip at time of registration. Non-member guests please add \$5 for the cost of each trip.

Times and events are subject to change. Return time is an estimated time of return, it depends on traffic, event wrap up, and any travel delays.

Day trippers should check in with the bus driver for exact departure and arrival times. If a member has a medical condition and must pre-board on the bus, a doctor's note must be on file with the staff. ALL participants MUST have

an emergency medical form on file prior to each trip. Parking for an extended or overnight trip is on the lower level of the parking garage.

Participants in wheelchairs that are unable to use the restroom or participate on their own will need to bring along a companion and all fees apply. You will also need to tell the Baca staff when you register so proper arrangements can be made for use of the lift.

If you have a trip suggestion, please stop by the front desk and let us know.

Trips, Trips, and more Trips!

OYO = On Your Own Please Check in with the driver before each trip. Payment is required at time of sign up.

TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY IF**:

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
 - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
 - B) If no substitution can be made and the request is made 15 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your account or you will be assessed a \$25 processing fee for a refund.

A \$25 processing will be applied for cancellations of Baca transportation provided overnight trips.

Trips sponsored by outside travel companies will be subject to policies of the travel company.

ONLINE REGISTRATION

Online registration is a great way to sign up for trips without the hassle of waiting in line!

Visit www.roundrockrecreation.com for online sign up.

ALL REGISTRATION FOR NOVEMBER & DECEMBER TRIPS WILL BEGIN DECEMBER 28, 2009 AT 8:00 AM

Times and events are subject to change. Return time is an estimated time of return, it depends on traffic, event wrap up, and any travel delays.

Tuesday, Jan. 12

Depart: 8:00 am

Return: 5:00 pm

Cost: \$23 (Tickets inc.)
(Meal OYO)

Course #14454

TEXAS RANGER MUSEUM & MAYBORN MUSEUM

We will travel to Waco and get a guided tour of the Texas Ranger Museum which is the official museum of the Texas Rangers. For lunch will be go to the Collin Street Bakery which offers custom-made sandwiches, soups, salads, and lots of bakery goodies. After lunch we will travel to the Mayborn Museum for the 100 year of Baylor homecoming exhibit which celebrates 100 years of Baylor Homecomings with parades, queens, football and bonfires. The museum also hosts the Louise Herrington School of Nursing exhibit which captures a century of nursing.

www.texasranger.org, www.baylor.edu/mayborn,
www.collinstreet.com

Friday, Jan. 15

Depart: 5:00 pm

Return: 11:00 pm

Cost: \$6 (Meal OYO)

Course #14459

PUB CLUB GOES TO TAYLOR SPJST HALL

Join the Pub Club on the big bus when we go see The Lawmen at the Taylor SPJST Hall. The hamburgers are huge, the beer is cold and the music is great dancing music. NO cover charge.

Wednesday, Jan. 20

Meet: 11:00 am

Depart: 1:00 pm

Cost: Free (Meal OYO)

Course #13934

CUISINE CRITICS GO TO AUNT JULIE'S STEAKHOUSE

This is a new steakhouse near Gattiland. We will meet at the restaurant but call the center in advance so we can make reservations. Bring your favorite soup recipe to share with the others. Baca Center will compile the recipes for a Critics Cookbook.

Trips, Trips, and more Trips!

Thursday, Jan. 21

Depart: 5:30 pm

Return: 10:30 pm

Cost: \$25 (Meal OYO)

Course #14455

ESTERS FOLLIES & CARMELO'S RESTAURANT

Even if you have gone to the Follies before, they change their script every 6 months. Don't miss out on this hilarious performance. We will treat ourselves to dinner at Carmelo's before the show.

www.estersfollies.com & carmelosrestaurant.com

Sunday, Jan. 24

Depart: 2:00 pm

Return: 6:00 pm

Cost: \$23 (Ticket Inc.)

Course #14456

PALACE THEATRE—NUNSENSE II

This is the sequel performance to Nunsense where 5 nuns have a "thank you program" for their supporters. The nuns are forced to work around the set dressing of "The Mikado". This is sure to be a hysterical play.

www.georgetownpalace.com

Tuesday, Jan. 26

Depart: 10:30 am

Return: 1:00 pm

Cost: \$5 (Meal OYO)

Course #14457

BENIHANA RESTAURANT FOR LUNCH

We will have a private lunch and the chef will entertain us at the Teppanyaki table where he will prepare a meal right before our eyes. Come enjoy some fine Japanese cuisine.

www.benihana.com

Friday, Jan. 29

Depart: 3:00 pm

Return: 8:00 pm

Cost: \$5 (Meal OYO)

Course #14458

GEORGETOWN COURTHOUSE AND VFW FISH FRY

Join us for a special tour of the Georgetown Courthouse, downtown historic area, shopping and an all you can eat fish fry at the VFW hall. Meal costs \$8 for fish or chicken, hush puppies, French fries, coleslaw, potato salad and tea.

www.georgetown.org/williamson-county-courthouse

Thursday, Feb. 4-

Saturday, Feb. 6

Depart: 7:00 am

Return: 6:00 pm

Cost: \$2 to Baca

Deadline for registration is January 15—Must have 40 people to go.

Course #14464

CHOCTAW CASINO IN OKLAHOMA

Ready for another gambling trip? We are going to the Choctaw Casino in Oklahoma for a 2 night stay. We will stay at the Durant Resort for \$123.95 each person, double-occupancy. We will receive \$30 in slot play, \$30 in blackjack, \$30 for bingo and 3 free buffets (\$36 value) which totals to \$126 in freebies. This is a GREAT deal. The casino is on a "dry" Indian reservation therefore they do not serve adult beverages, however, you may bring your own beverages or purchase at a nearby store. We will leave at 7 am on Thursday morning from the back parking lot of the Baca Center. We will make one stop in Waco and arrive at the casino around 11:30 am-noon. On Saturday, we will leave the casino at 2 pm, stop in Waco and return by 6 pm at the Baca Center.

A check for the trip MUST be given to the Baca Center by January 15 and made payable to Hilda Stone.

You can go online and sign up for your players card in advance.

Each 100 points equals \$1. Let's go have a GREAT time.

Make sure you register and pay all fees by January 15.

www.choctawcasinos.com

Trips, Trips, and more Trips!

Thursday, Feb. 11

Depart: 7:15 pm
Return: 10:00 pm
Cost: \$13
(Ticket included)
Course #14466

SAM BASS THEATRE—DIXIE SWIM CLUB

Join us for this performance of 5 women whose relationships began on the college swim team. The performance focuses on 4 weekends that spans 33 years. We will watch their lives unfold and the years pass on by. This comedy has a poignant and surprising direction.
www.sambasstheatre.org

Saturday, Feb. 13

Depart: 6:00 pm
Return: 9:00 pm
Cost: \$6 (Meal OYO)
Course #14465

SPAGHETTI WAREHOUSE MYSTERY DINNER THEATRE

The Capital City Mystery Players will entertain us with a mystery dinner experience that includes a three course meal and live entertainment. Cost for the meal and performance is \$33.50/person, does not include tax and gratuity.
www.meatballs.com

Wednesday, Feb. 17

Meet: 9:00 am
Depart: 11:00 am
Cost: Free (Meal OYO)
Course #13935

CUISINE CRITICS GO TO WARD'S CAFE

Meet the critics for breakfast at Ward's Café located at 1826 Mays St. They have everything from omelets, pancakes, French toast to breakfast tacos. Bring your favorite breakfast recipe.
www.wardscafe.com

Friday, Feb. 19

Depart: 5:00 pm
Return: 11:00 pm
Cost: \$6
Course #14460

PUB CLUB GOES TO SHELLERS BARRELHOUSE BAR

Join us at a good old-fashioned piano saloon at the Hyatt Regency in Bastrop. They offer pizza, wings, oysters, live music and dancing. No cover charge.
www.lostpines.hyatt.com

Tuesday, Feb. 23

Depart: 9:00 am
Return: 5:00 pm
Cost: \$11 (Meal OYO)
Course #14467

GATESVILLE PRISON & CORYELL MUSEUM

Have you ever wondered what the prison system is like for women? We are going to get a private tour of the Gatesville prison and learn about the prison history, see where they grow their own foods and what programs are offered to help the women re-enter society. After the tour we will go to Rancher's Steakhouse and Grill for lunch and then tour the Coryell Museum and Historical Center. The museum has the largest known collection of spurs. They also have a log jail, old-time doctor's office, gas station display, blacksmith shop, post office and soda fountain shop. This is sure to be a very educational and interesting trip.
www.coryellmuseum.org;
www.rancherssteakhouseandgrill.com

CRUISE WITH BACA IN 2010

5 Day Western Caribbean Cruise, April 12-17, 2010 on Carnival Ecstasy from Galveston—The Baca Center will provide travel to Galveston on April 12 for \$50/person to and from the ship (min. of 12 people). The cruise will port at Progreso and Cozumel Mexico during the cruise and then return to Galveston on April 17. An ocean-view stateroom is \$512.92/person and a non-ocean view is \$477.92/person both based on double occupancy. Travel insurance is \$65/person. The deposit of \$225/person and final payment is February 1, 2010 by credit card only. Call Sally Fisher at 255-6690 or e-mail at sallyfisher13@gmail.com.

12 Day Honolulu to Ensenada Cruise, September 26-October 8, 2010 on Carnival Spirit—Carnival will provide a motor coach for a 2 hour ride from Ensenada, Mexico to San Diego Airport. Flights should not be planned until after 12 pm. The cruise will go to Honolulu, Kauai, Kona, Hilo, Maui and back to Ensenada. The 1st deposit of \$200/person is due when booking, 2nd deposit is \$250 due by April 29 by credit card only and final payment by July 1, 2010. A balcony stateroom is \$1590.61 and a non-ocean view is \$1070.61 both based on double occupancy. Cost of airfare is not available at this time but is estimated at \$850. Make your reservations now to secure your room.

FACILITY AND PROGRAM SURVEY

The Baca Center conducts various surveys throughout the year to ensure we are providing a safe, clean facility and programs/trips that are of interest to our members.

**Please rate your overall satisfaction with the following and give to Baca front desk:
Number 1 is lowest and 5 is highest—Put comments/suggestions on the back.**

<i>Cleanliness of Facility</i>	1	2	3	4	5
Baca Lobby					
Weight Room					
Restrooms					
<i>Baca Center Staff</i>					
Visibility of staff					
Courtesy of staff					
Helpfulness of staff					
Knowledge of staff about Baca					
<i>Baca Programs and Trips</i>					
Variety of programs					
Hours of programs					
Variety of trips					
Cost of programs					
Cost of trips					
<i>Baca Membership</i>					
Value of Membership					
Variety of Memberships					

Allen R Baca Center
301 W Bagdad, Bldg 2
Round Rock, TX 78664
512.218.5499
512.218.3231 fax

Baca Center Holidays:
January 1
January 18
February 15

Hours of Operation

Monday-Thursday 8:00am-6:30pm

Friday 8:00am-4:00pm

Saturday 8:00am-12:00pm

**Activities & weight room
end 15 minutes before closing.**

WBCO Lunch Reservation Phone:

512.255.4970

Carts—**478-7433**

www.roundrocktexas.gov
www.bacacenter.com



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